

Avondale Primary School Philosophy

The philosophy of Avondale Primary School is based upon the premise that every student can attain high levels of academic achievement and be a responsible community member.

We aspire for students:

To have an enthusiasm for learning

To develop a broad and strong base of knowledge and skills

To think and act with competence, objectivity and creativity

Through their experience in living in a learning community, show respect and sensitivity to others

Show a capacity to lead, to share and cooperate with others

To accept responsibility and discipline

To find reward in participating and doing one's best

PRINCIPAL'S REPORT

Thursday May 4, 2017

Dear Parents,

Athletics Sports Day

As you know the Athletics Day was cancelled yesterday. Although it was a clear day the grass was still very wet and would have been cold and uncomfortable for young children to sit on. The final back up date is; **Wednesday, 18th of October.**

Tiqbiz is now FlexiBuzz

FlexiBuzz is the new name for *Tiqbiz*, the school's preferred communication app. Most smart phones will update the app automatically; however, users will need to logon when using the new app for the first time. The change is due to the *Tiqbiz* company being taken over by another company. If your phone does not automatically upgrade the app, you are advised to download *FlexiBuzz* from your preferred online app store.

Veggie garden thrives

Many thanks to students, Debbie Jones and Mr Boffa for their ongoing work with the veggie garden. Peter, our maintenance person, gave the area around the garden a much needed 'face-lift'. If you have not visited this area recently, it is well worth viewing the garden, mural, potted plants and discussing the area with your child.

Digital devices and children – why care is needed

Can you answer this question? Which of the following four activities is most popular with children - watching TV, going online, playing sport or reading books?

According to *O'com*, research carried out last year, 'going online' is the correct answer.

Perhaps this comes as no surprise for many parents who, over the Easter holidays, wondered whether their child spent too much time with their smartphone, tablet or games console.

Further research by *Internet Matters* found that 60% of parents are concerned their child is "showing a lack of interest in other activities compared to going online".

There are positive actions you can take to address these issues:

Set time limits on the use of personal digital devices for your child

Monitor their online use by checking the browser's cache (This lists the sites visited by the device). Not sure how to do this? – click the help icon.

Encourage your child to join a local sports club, scouts or guides; you might consider swimming, dancing and calisthenics or martial arts programs.

Most importantly, children should not use a digital device for 30 minutes before their bedtime. The light from digital devices is "short-wavelength-enriched," meaning it has a higher concentration of blue light than natural light—and blue light reduces levels of the sleep-inducing hormone melatonin more than any other wavelength. Reading a book is a much better way for children to prepare for a good night's sleep. You can read more about the effects of blue light and sleep at <https://www.scientificamerican.com/article/q-a-why-is-blue-light-before-bedtime-bad-for-sleep/>

K is for Kite

On Tuesday, students in Prep A studied the letter K. They discovered that the word kite is one of many words that start with this letter. The students made their own kite and took it to the front of the school to see the wind lift their kites up.

5 and 10c Fundraising News

Many thanks to students and parents who have contributed to this fundraiser for music equipment.

The leader board so far:

Grade 3/4C - \$93.70,

Grade 5/6C - \$86.70 and

Grade 1/2E \$55.20.

The total raised last week was \$510.50 which will be used to buy musical instruments.

Have a great week

DATES TO REMEMBER

(subject to change check regularly)

May

- Thursday 4 Drill—emergency evacuation
Tuesday 9 NAPLAN testing starts (Tue—Thur)
Second hand uniform sales 8:30-9am
Thursday 11 Mothers Day Stall (BER)
Friday 12 Grade 5/6 Interschool sport-Away
(Moonee Ponds West)
Second chance Mothers Day stall (during assembly)
Tuesday 16 Second hand uniform sales 8:30-9am
Thursday 18 **Curriculum Day (No school for students on this day)**
Monday 22 Education Week and Book Fair all week
Tuesday 23 Second hand uniform sales 8:30-9am
Wednesday 24 Open Day
Friday 26 Grade 5/6 Interschool Sport-Home
Grade 3/4 Western Water Treatment Plant Exursion
Tuesday 30 Second hand uniform sales 8:30-9am

June

- Friday 2 Grade 5/6 Interschool Sport-Home
Tuesday 6 Second hand uniform sales 8:30-9am
Friday 9 Grade 5/6 Interschool Sport-away
(Holy Rosary Primary School)
Monday 12 Queens Birthday public Holiday



Pupils of the week

Prep A - Jake N
Prep B - Astara S
Prep/1A - Pauline F
1/2 A - Lexi K
1/2 B - Oscar C
1/2 C - Saanvi D
1/2 D - Hayden L
1/2 E - Yianni P
3/4 A - Imogen M
3/4 B - Sarah O
3/4 C - Liam C
3/4D - Mia B
5/6 A - Daniel C
5/6 B - Miles L
5/6 C - Riales P
5/6D - Tiana M

A colour version of this newsletter can also be found on our website at
www.avondaleps.vic.edu.au

Mothers Day Stall

The Mothers Day stall will be held Thursday 11th May. Gifts range from \$2 to \$10. There is a display cabinet of the gifts in the foyer.

A second chance stall will be held Friday 12th May from 8:30 to 9:15am at the front of the school.

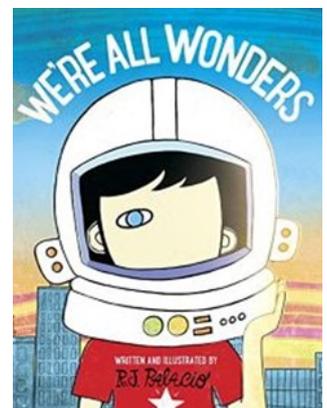


Book Reviews -Treasured and Tried

We're all Wonders by R. J. Palacio

We're all Wonders is about Auggie, who is facially disfigured. We are shown what it's like to live in Auggie's world. A world in which he feels like any other kid, but not seen that way because of his disfigurement. He notices when children and adults point, talk and stare at him and this hurts his feelings. This story sparks the discussion for empathy and kindness with young children. Best suited to children 4 to 8.

By Liz Oruba



Notice to Parents

The school yard is supervised by a teacher on duty until 3:30pm. Students are expected to be picked up by this time.

School Office Hours

8:30am to 9:30am
2:30pm to 3:15pm
Please limit visits to office to these times only.

Advertisements

The advertisements in this newsletter are for community interest only. The school has no connection with, nor endorses, any particular business activity.